

**Capay Valley Regional Farmers' Market Kicks-off the Season  
including a Local Beef & Asparagus Barbeque**

**Saturday, April 2  
10:00 am – 2:00 p.m.  
Esparto Park**

If you haven't had the chance to go to the Capay Valley Regional Farmers' Market and experience the flavors of the local and seasonal goods grown there, here is your chance!

Starting on April 2, the Capay Valley Regional Farmers' Market will be kicking off its second season from 10:00 am – 2:00 pm located in Esparto Park. The market features delicious local fruits and vegetables, nuts, jams and jellies, honey, local artesian goods and crafts, breads, kid's activities, community events and more! The kick-off market will also feature a fundraiser barbeque for Esparto FFA highlighting the Capay Valley's very own, Double Bar O Angus beef ([www.manasranch.com](http://www.manasranch.com)) and local asparagus. "This market embodies the community feeling of a farmers' market" said Annie Main of Good Humus Produce whom sells fruits, vegetables and jams at the market. "It's what a farmers' market is supposed to feel like", she adds.

You too can experience the Capay Valley by coming down to the Capay Valley Regional Farmers' Market and seeing the wonderful bounty grown and produced in this beautiful place. Each first Saturday of the month, April – December, 10:00 am – 2:00 pm. Come for the food, the art, and the community! If you are interested in participating in the market, please contact Market Manager, Temra Costa by phone at; (530) 756-8518 x 18 or by email at; [temra@caff.org](mailto:temra@caff.org). See you on the 2nd of April!