

**Capay Valley Regional Farmers' Market**  
**Burst on the First!**  
**Every First Saturday of the month! April - December**  
**Saturday, May 7**  
**10:00 am – 2:00 p.m.**  
**Esparto Park**  
**Contact: Temra Costa, (530) 756-8518 x 18**

With the success of farmers' markets in statewide, it is no wonder that a local, seasonal and community market has made its way to the Esparto Community Park. In the past five years alone, the popularity of markets has driven farmers' markets to make a jump from 200 to 450 markets statewide. People in California are ripe for the opportunity to purchase local and seasonal goods and the Capay Valley is part of this shift to a more locally based food economy.

On Saturday, May 7 from 10:00 – 2:00 pm you can experience the flavor at the Capay Valley Regional Farmers' Market in Esparto Community Park. The market will celebrate Cinco de Mayo and May Day with activities for kids including maraca making and May basket creations, music by Los Amigos Del Baile, food vendors, fruits and vegetables, breads, honey, nuts, jams and jellies, and more! Come to the market and you will also have a chance to meet others in the community, see the fantastic diversity of our local artisans and see a variety of local organizations.

Now entering its second season, the market offers this season's finest farm fresh goods and prepared products. "Farmers' markets have a long tradition of creating a community gathering place along with increasing access to local foods. This market is doing just that," said Market Manager, Temra Costa. With all of the farms along the Hwy 16 corridor, and a year-long harvest season, the availability of products is truly astounding. Unfortunately, most of the goods are bound for the Bay Area and hardly make it into the pantries of local residents. This market has started to address this issue.

On Saturday, May 7, you too can experience the flavor of this season at the monthly Capay Valley Regional Farmers' Market. Come and Burst on the First in the Esparto Community Park. "This market embodies the community feeling of a farmers' market" said Annie Main of Good Humus Produce whom sells fruits, vegetables and jams at the market. "It's what a farmers' market is supposed to feel like", she adds.

Each first Saturday of the month, April – December, 10:00 am – 2:00 pm. Come for the food, the art, and the community! If you are interested in participating in the market, or would like more information, please contact Market Manager, Temra Costa by phone at; (530) 756-8518 x 18 or by email at; [temra@caff.org](mailto:temra@caff.org). See you on May 7!

A special thanks to our sponsors: CVV, CAFF, RISE, Esparto FFA, Java Station, Lions, First 5 Yolo and Yolo County.